ARE YOU CARING FOR SOMEONE WITH PSYCHOSIS?

Join us for Psychosis REACH: Recovery by Enabling Adult Carers at Home

This virtual training in Cognitive Behavioral Therapy (CBT)-Informed Skills will teach caregivers to:

- Use evidence-based coping strategies
- Develop key caring principles
- Communicate effectively with your loved one
- Make sense of medications and treatment
- Implement relapse prevention strategies

Psychosis REACH consists of an online course, which you will complete at your own pace, followed by a live virtual training led by Michigan certified Psychosis REACH trainers. Following the training, you will have the option to connect with a Psychosis REACH Family Ambassador, which is an individual with lived experience supporting a loved one navigating psychosis. Family Ambassadors have undergone additional training in the Psychosis REACH model to support family members and caregivers.

Join us for a Psychosis REACH live training
Check out more information at www.psychosisreach.org and www.michiganminds.org

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